

LIVING IN MONACO

Monaco Residents' Magazine

VALENTIN VACHEROT

One Match at a Time

FAUSTO MASNADA

From Bergamo to Monaco,
Riding at the Highest Level

MARIO HINTERMAYER

A Bridge of Impact

ANDREA PANATI

An Italian Entrepreneur's
Longstanding Love Affair
with Monaco

ZSOLT SZEMERSZKY

Monaco residents are
mapping the Moon

CELINE ROELENS

The Power of Colour,
Rarity and Emotion

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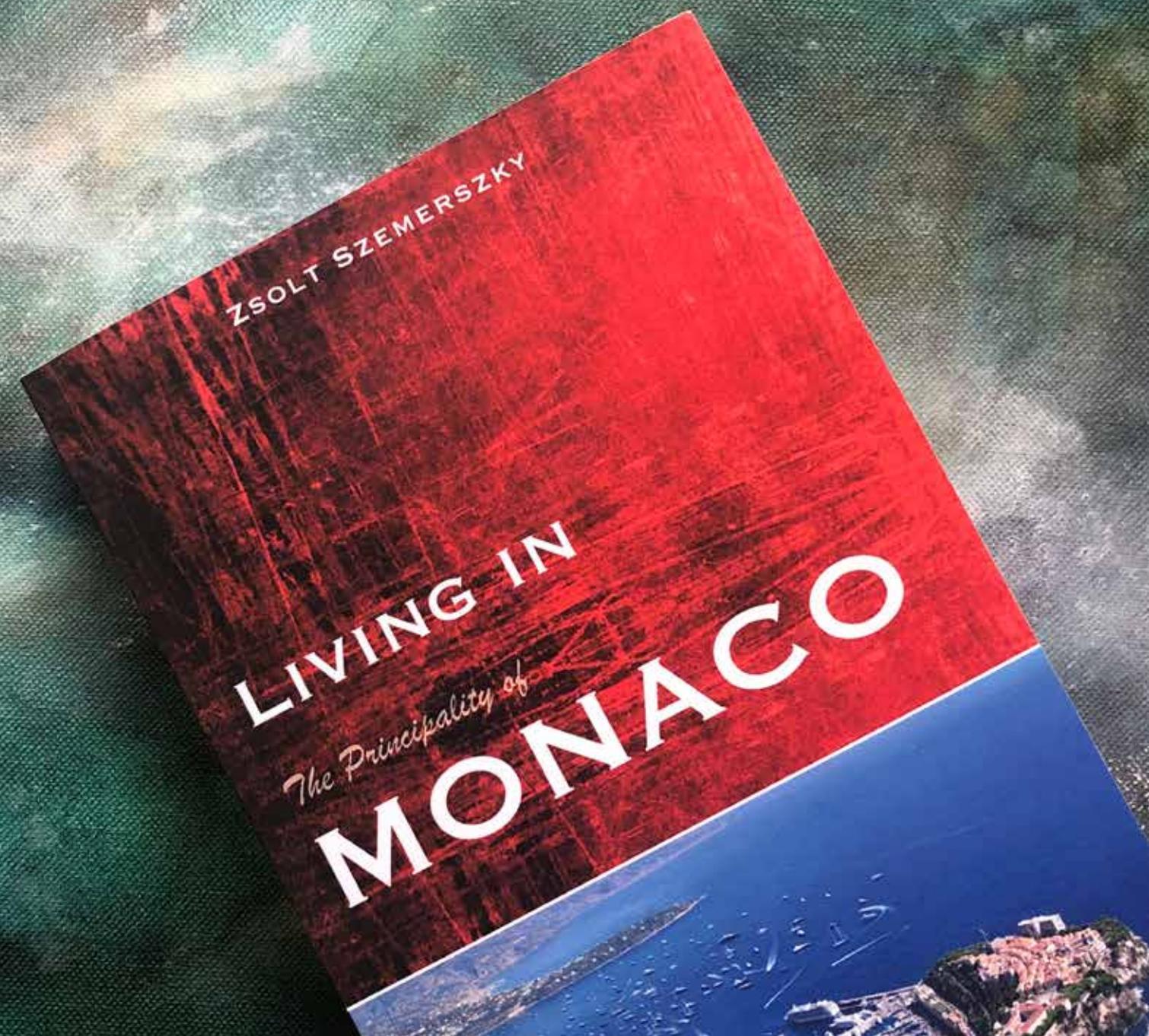
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DOROW CLINIC



A comprehensive and objective book about the Principality of Monaco and its living environment.



“Overall, the information is A++. The author covered absolutely everything and said it like he was talking to a friend.”

“Informative and down to earth. I really enjoyed reading this book and learning about Monaco from the author’s point of view. I now have a reference guide as one of the tools to help me plan our move to Monaco from the US.”



Editor-in-Chief of the Living in Monaco magazine

Dear Reader,

I am delighted to present the Spring 2026 edition of Living in Monaco, featuring captivating stories and exclusive interviews drawn from our vibrant Monaco residents' community. Many of these conversations deeply inspired me, while others invited reflection on the legacy we are shaping for the future. Meeting these individuals was a true privilege, not only because of their success, but because of the inspiration they bring through their vision, values, and dedication to their respective fields.

Looking ahead, 2026 marks the Year of the Fire Horse in the Chinese zodiac. The Horse, the seventh animal in the twelve-year cycle, follows the Snake and precedes the Goat. Known for its confidence, independence, and sense of responsibility, the Horse symbolises movement, energy, and bold progression, qualities that resonate strongly with the spirit of Monaco. Intelligent and dynamic, those born under this sign are driven by both physical and mental challenges, embracing action while valuing freedom and momentum.

As we enter the spring season, Monaco itself comes alive. This time of year represents the grand opening of the Principality's social and cultural calendar, with iconic events such as the Monte-Carlo Rolex Masters, the Historic Grand Prix, the Formula E electric race, and many other highlights that make spring in Monaco truly exceptional.

I hope this Spring edition offers you moments of inspiration, reflection, and enjoyment.

I also invite you to visit LivinginMonaco.com and register for our upcoming Monaco Residents' Meeting, a unique opportunity for residents to connect, build friendships, and explore meaningful collaborations within our community.

Wishing you good health, continued success, and a wonderful spring season ahead.

Warm regards,
Gaia Bertelli
Editor-in-Chief
Living in Monaco

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Contents



17



44

4 SOCIAL IMPACT
MARIO HINTERMAYER
A Bridge of Impact:
How Monaco, Dubai, and Bali are
Becoming a New Triangle of Purpose

15 INTERESTING FACTS
Did you know that the Monte Carlo
Country Club was inspired by
Suzanne Lenglen?

17 SPORT
VALENTIN VACHEROT
One Match at a Time



04



28

28 RELOCATION
EMILY SNYDER
From North Carolina to Monaco:
A New Generation of
International Ambition

41 INTERESTING FACTS
Did you know that
Grace Kelly was not the First
American Princess of Monaco?

44 BEAUTY
DR. DR. ANDREAS DOROW
Designing the Future of Aesthetic
Medicine with the Discipline of a
Master Architect



54

54 SPORT
FAUSTO MASNADA
From Bergamo to Monaco,
Riding at the Highest Level

70 INTERESTING FACTS
Monaco's Economy Reaches
a Historic Milestone

74 LIFESTYLE
CELINE ROELENS
The Power of Colour, Rarity
and Emotion



74

96 INTERIOR DESIGN
MACCHINI ARREDAMENTI
Where Craftsmanship
Becomes a Story

100 AWARENESS & SOCIAL IMPACT
Monaco Reinforces Measures
to Address Gender-Based Violence

109 ENTREPRENEURSHIP
ANDREA PANATI
An Italian Entrepreneur's
Longstanding Love Affair
with Monaco



109

116 INTERESTING FACTS
Did you know that the
USA Dream Team stayed in Monaco?

118 SOCIAL IMPACT INVESTMENT
ZSOLT SZEMERSZKY
Monaco residents are
mapping the Moon



118

188 INTERESTING FACTS
Real-Estate Observatory

162 THE BEST OF 2025
Editor's Choice:
The Top 25 Interviews of 2025

264 BRAND ACTIVATION
NICHE MEDIA
Monaco is a
Relationship-Driven Ecosystem

Designing the Future of Aesthetic Medicine with the Discipline of a Master Architect

In an era where aesthetic medicine is increasingly defined by velocity—fast procedures, rapid expansion, instant visibility—Dr. Dr. Andreas Dorow has chosen a different axis of success. One built not on immediacy, but on architecture. Not on spectacle, but on structure. Not on algorithms, but on anatomy, responsibility, and time.

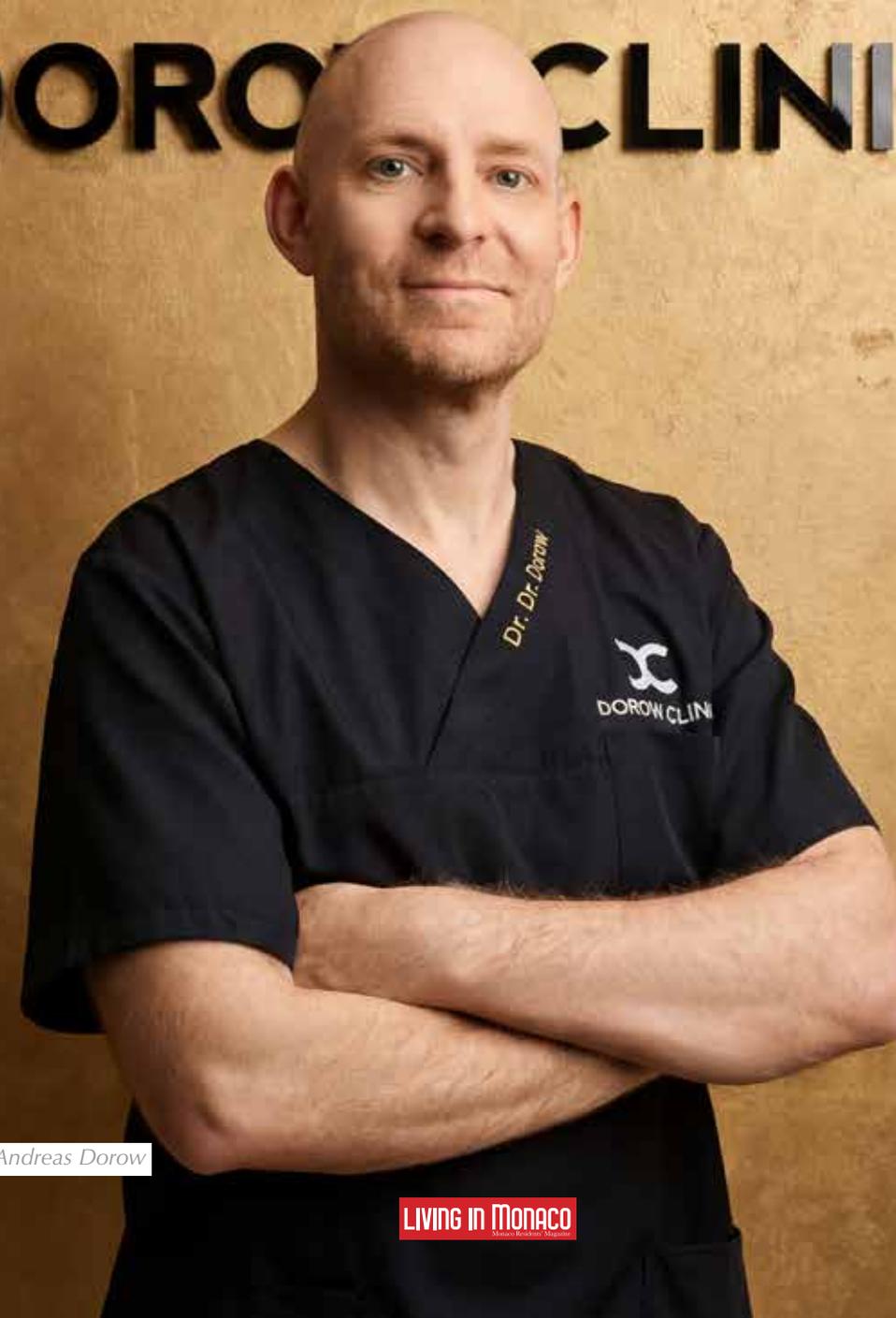
While much of today's beauty economy is shaped by trends that flare and fade within a social media cycle, Dorow has spent decades constructing something deliberately resistant to volatility: a fully integrated medical system grounded in scientific rigor, artistic intelligence, and moral restraint. His work does not chase attention. It commands trust.

From his base near the German–Swiss border, Dorow has quietly built one of Europe's most advanced and comprehensive institutions in aesthetic medicine—one that unites plastic surgery, maxillofacial surgery, dentistry, dermatology, non-surgical aesthetics, and longevity medicine under a single philosophy. It is not merely a clinic. It is an operating system for how aesthetic medicine should function over the long term.

A FOUNDATION BUILT FAR FROM GLAMOUR

Dr. Dr. Andreas Dorow was born in Stuttgart and raised in a remote mountainous region of southern Germany—an environment shaped less by privilege than by responsibility. As the eldest of five children, and the only boy among four younger sisters, leadership was not aspirational; it was required. From an early age, Dorow learned to observe carefully, anticipate needs, and protect quietly. Authority, in this setting, was not loud. It was steady.

Those early years cultivated something that would later distinguish him in a field often driven by ego: an intuitive understanding of trust. Patients, Dorow came to believe, do not merely seek aesthetic improvement. They seek safety—psychological, emotional, and physical. That belief would become central to his medical philosophy.



Dr. Dr. Andreas Dorow



Dr. Dr. Andreas Dorow

Another formative influence was his grandfather, a master locksmith. In the workshop, Dorow encountered craftsmanship long before medicine entered the picture. Metalwork demanded patience, precision, and respect for material. A fraction of a millimeter could determine success or failure. Errors were irreversible. There were no filters, no corrections—only consequences.

This early exposure shaped Dorow's relationship with his hands. Long before he held surgical instruments, he understood resistance, structure, balance, and permanence. Precision was not simply a technical skill; it was a moral discipline.

Parallel to this technical grounding, Dorow developed exceptional artistic talent. As an award-winning painter and sculptor, he cultivated a deep sensitivity to proportion, symmetry, and spatial harmony. Art and science, for him, were never opposing forces. They were complementary languages describing the same truth. This dual fluency—technical and artistic—would later become the defining signature of his surgical approach.

Dorow pursued dual doctorates in medicine and dentistry, placing him among a rare group of physicians trained to move fluently across disciplines that are typically isolated from one another. Yet his most decisive education did not take place in aesthetic settings.

At the German Army Hospital in Ulm, Dorow trained under conditions where medicine was not elective, cosmetic, or negotiable. He treated war victims, severely injured soldiers, children with complex congenital deformities, and patients suffering from advanced tumors. Decisions were final. Outcomes were irreversible. There was no room for improvisation or ego.

This environment shaped Dorow's understanding of medicine as moral responsibility rather than service industry. Beauty, he concluded, could never exist independently of function. Aesthetic outcomes had to be governed by the same principles as reconstructive surgery: anatomical integrity, functional correctness, and long-term stability.

When Dorow later entered aesthetic medicine, he did so with a fundamentally different perspective. He saw not opportunity— but risk. The risk of oversimplification. The risk of fragmentation. The risk of reducing the human face to a collection of isolated interventions rather than a living, aging system.

What Dorow recognized early—and what continues to challenge aesthetic medicine globally—was not a lack of technical skill, but a lack of integration. Dentistry, maxillofacial surgery, plastic surgery, dermatology, and non-surgical aesthetics often operate in parallel silos,



despite treating the same anatomy. Each discipline optimizes its own outcomes without accounting for how interventions interact over time. The result is short-term satisfaction paired with long-term disharmony—faces that look treated rather than resolved. True excellence, Dorow believed, required a systemic approach.

WHERE PHILOSOPHY MEETS HUMANITY: PAKISTAN

That belief was tested—and deepened—far from Europe. At a pivotal point in his career, Dr. Dr. Andreas Dorow volunteered for a humanitarian mission to Pakistan, working at a specialized Cleft Hospital serving children born with cleft lip and palate—conditions that, left untreated, compromise not only appearance but speech, nutrition, hearing, and social integration.

In a setting stripped of luxury and convenience, Dorow returned to the core of medicine. Working alongside local and international medical teams, he performed reconstructive surgeries and shared advanced surgical expertise, contributing to a multidisciplinary model of care that extended well beyond the operating room. Surgery was only one element. Long-term success depended on coordination across maxillofacial surgery, ENT, dentistry, speech therapy, and nutritional support.

For Dorow, the experience was grounding. These were not aesthetic enhancements. They were interventions that determined whether a child could eat, speak, attend school, or be accepted socially. Each operation restored not just anatomy, but dignity.

This humanitarian work was not an extension of the Dorow Clinic's commercial operations, nor part of a permanent foundation. It was a personal commitment—one that reaffirmed Dorow's belief that medical skill carries ethical weight regardless of geography or compensation.

For the families he served, cleft repair surgery was not cosmetic. It was transformative. It opened the door to health, confidence, and opportunity. The experience left a lasting imprint on Dorow's



Dr. Dr. Andreas Dorow with La Toya Jackson

philosophy: medicine, at its highest level, must always serve function first. Aesthetics, when done responsibly, are simply another expression of that same principle.

THE DOROW CLINIC: A VISION REALIZED

In 2006, Dr. Dr. Andreas Dorow and his wife, Sonia Ashkenazy, founded the Dorow Clinic near the German–Swiss border, strategically positioned close to Zurich and at the heart of Europe. The partnership was not merely marital—it was intellectual and operational.

Raised in Switzerland, Sonia Ashkenazy brought an international sensibility, organizational clarity, and strategic discipline to the venture. She also carried a cultural legacy shaped by one of the great musicians of the modern era. She is the daughter of Vladimir Ashkenazy, the legendary pianist and conductor whose interpretations of Beethoven, Rachmaninoff, and Chopin are considered definitive.

Ashkenazy's career—marked by intellectual depth, technical mastery, and emotional restraint—embodied a philosophy of excellence that transcends music: precision without coldness, emotion without excess, discipline in service of meaning. That ethos quietly informs the culture of the Dorow Clinic.



Dr. Dr. Andreas Dorow with Aneta Sablik

Together, Andreas and Sonia Dorow envisioned a clinic that would operate as a unified medical ecosystem—one philosophy, one standard, one uncompromising commitment to quality. Integration was not branding. It was law. Nearly two decades later, that vision has scaled without erosion.

Today, the Dorow Clinic operates nine locations across Germany and Switzerland, employs more than 370 staff members, and brings together over 40 highly specialized physicians. It is the largest integrated center combining aesthetic dentistry and plastic surgery in the German-speaking world.

Yet despite its size, the clinic maintains a boutique mentality. Growth is deliberate. Oversight is centralized. Standards are non-negotiable.

One of the clinic's most defining principles is its willingness to say no. Not every request is accepted. Not every procedure is performed. If an intervention does not align with medical responsibility, psychological stability, and long-term harmony, it is declined. For international patients accustomed to limitless choice, this discernment often becomes the ultimate marker of luxury.

FAMILY, LEGACY, AND THE ARCHITECTURE OF THE FUTURE

Behind the institutional scale and clinical precision lies a quieter constant: family.

For Dr. Dr. Andreas Dorow, legacy has never been measured solely in square meters, patient numbers, or expansion charts. It is measured in continuity of values. In the passing on of discipline, curiosity, and responsibility across generations.

His firstborn, Leyana Pearl Sunshine Dorow, is currently studying dentistry in Vienna, following a path shaped not by expectation but by genuine alignment. Grounded in both the scientific and artistic dimensions of dental medicine, she reflects the values that define the Dorow Clinic today. Should she one day join the practice, it would signal not a generational handover, but a thoughtful evolution of a philosophy built to endure.

His second child, Leander Ka’Imi Moonlight Dorow, has taken a different yet equally rigorous route. Studying physics at the University of Zurich, he is drawn to the fundamental laws that govern structure and matter. His pursuit reflects a wider family ethos: excellence is not limited to medicine,

but rooted in curiosity, discipline, and respect for complexity—whether in the laboratory or the operating room.

Together, their paths reflect something essential about Dorow’s worldview. Integration does not mean uniformity. Architecture allows for diversity within structure. Whether through dentistry, physics, or medicine, what matters is depth, discipline, and integrity of thought.

From the moment patients enter a Dorow Clinic, the environment communicates intention. Warm, thoughtfully designed interiors replace clinical sterility. Anxiety is reduced through spatial psychology and clarity of process. This is not indulgence. It is strategy.

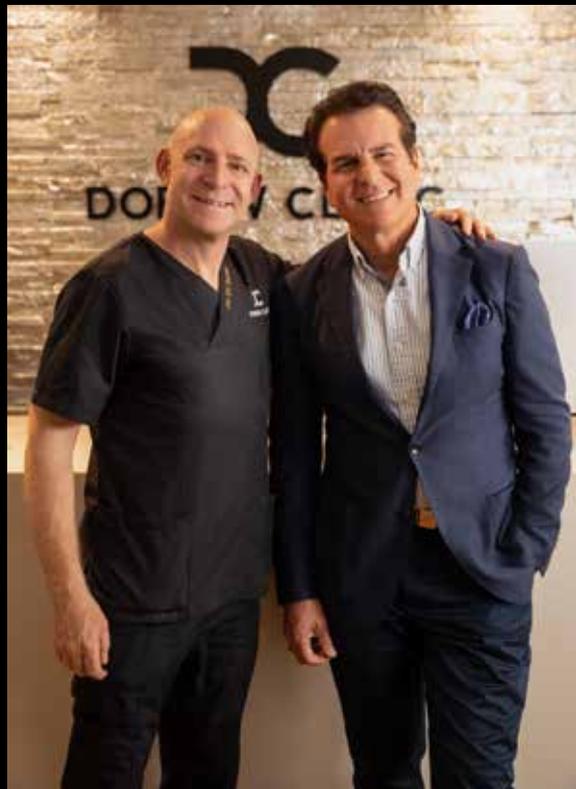
Dorow believes emotional safety is inseparable from medical excellence. Patients who feel informed and supported make better decisions, recover more effectively, and achieve superior outcomes. Consultations are thorough. Transparency is absolute. Celebrity status carries no privilege.



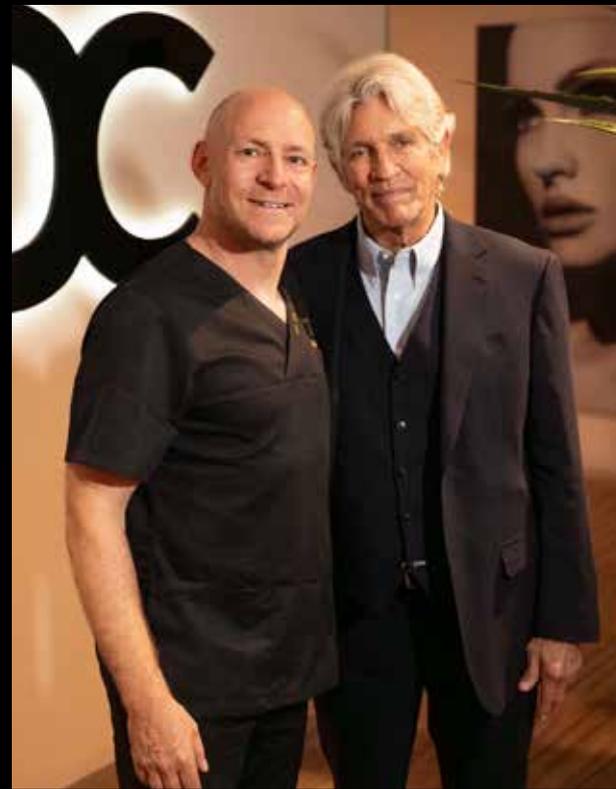
Dr. Dr. Andreas Dorow with his family



Dr. Dr. Andreas Dorow with the Geissens family



Dr. Dr. Andreas Dorow with Vincent de Paul



Dr. Dr. Andreas Dorow with Eric Roberts

The clinic offers a comprehensive spectrum of procedures—from complex facelifts and rhinoplasty to dental reconstruction and conservative non-surgical treatments. What distinguishes the Dorow Clinic internationally is its integration of dentistry with facial aesthetics. Dental architecture is designed in harmony with skeletal structure, soft tissue dynamics, and aging trajectories—not in isolation.

The clinic attracts patients from across Europe, the United States, and South America. Public figures have sought treatment here, yet Dorow measures success differently. With more than 150,000 patients treated and over 4,000 verified top-tier reviews, trust—not visibility—remains the ultimate metric.

Today, the Dorow Clinic is also shaping the future through evidence-based longevity medicine, preventive diagnostics, advanced skincare, and medically supervised weight management. Longevity, in Dorow's framework, is not anti-aging. It is a strategic investment in vitality, autonomy, and quality of life.

At the center of it all stands Dr. Dr. Andreas Dorow—not as a celebrity physician, but as a systems architect. His influence is measured not in headlines, but in the culture he has built: one where excellence is expected, restraint is respected, and responsibility governs every decision.

He has not merely built clinics. He has built a standard. In an industry often seduced by speed, shortcuts, and spectacle, Dorow's work serves as a reminder that the future of aesthetic medicine belongs not to those who move fastest—but to those who design with intention, integration, and integrity.

Like a master conductor shaping a symphony over time, the true achievement lies not in the loudest moment—but in the harmony that endures.



Present advertorial article was written by Nancy Caburnay, contributor journalist.
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